

Discernment Counseling Case Consultation Form

Basic Couple Information

1. This is a: Current Case Past Case
2. Years Married/Together: _____
3. Same sex or heterosexual: Same Sex Heterosexual
4. Kids & ages (if any): _____

Relationship Status & Discernment Counseling Experience

5. Who is Leaning In (LI) and Leaning Out (LO)? (Give initials, first names if generic, or another way to identify them in our conversation while protecting privacy):

6. LO's main reasons for considering divorce:

7. Any complicating individual spouse issues:

8. Key interaction patterns in their relationship (prior to being on the brink):

9. The stance of the **LO** is closest to (*circle one*):
 - a. Divorce as liberation (can't wait to leave and start a new life)
 - b. Divorce as relief (under tremendous stress and wants to separate soon)
 - c. Divorce as painful letting go (not in a hurry but doesn't see a path forward)
10. The stance of the **LI** is closest to (*circle one*):
 - a. Anxious/desperate (clinging, pursuing, scolding, maybe falling apart)
 - b. Focused on saving the marriage (anxious but able to follow a strategy)
 - c. Conflicted (ambivalent about pursuing path three, maybe upset about having to take the lead)
11. What is the main challenge you face(d) in working with them in Discernment Counseling?

12. If a completed case, how did it end? What path? _____

13. Other details that seem important to share: _____
